TSHAC Bullying Prevention Websites and Resources

The ABCs of Bullying *Addressing, Blocking, and Curbing School Aggression*
This online course from The Center for Substance Abuse Prevention (CSAP) examines the causes and effects of bullying, prevention techniques and programs, screening, treatment options, and legal/ethical issues surrounding bullying. This course is designed for professionals in education, health and mental health, and related fields, including social workers, school counselors, school nurses, teachers, and principals. http://pathwayscourses.samhsa.gov/bully/bully_intro_pg1.htm

Attorney General of Texas
Attorney General of Texas website www.oag.state.tx.us/criminal/cybersafety.shtml Tip Sheet from Cyber-Smart kids, including phone number to report anything suspicious or threatening: (800) 252-8011. Also, download the "I Keep Safe" and other videos at: www.oag.state.tx.us/criminal/cybersafety.shtml and special teen page: www.oag.state.tx.us/teens/leaders

Born This Way Foundation
http://bornthiswayfoundation.org Led by Lady Gaga and her mother, the Born This Way Foundation was founded in 2011 to foster a more accepting society, where differences are embraced and individuality is celebrated. The Foundation is dedicated to creating a safe community that helps connect young people with the skills and opportunities they need to build a braver, kinder world. We believe that everyone has the right to feel safe, to be empowered and to make a difference in the world. Together, we will move towards acceptance, bravery and love.

Center on the Social and Emotional Foundations for Early Learning (CSEFEL)
The Center on the Social and Emotional Foundations for Early Learning (CSEFEL**)** is focused on promoting the social emotional development and school readiness of young children birth to age 5. CSEFEL is a national resource center funded by the Office of Head Start and Child Care Bureau for disseminating research and evidence-based practices to early childhood programs across the country. *University of Illinois at Urbana-Champaign* http://csefel.vanderbilt.edu/resources/strategies.html

Committee for Children
A nonprofit working globally to prevent bullying, violence, and child abuse www.cfchildren.org/programs/hot-topics/resource-links

Connect for Respect – National PTA
In March 2011, National PTA[®] launched an initiative to encourage PTAs across the country to lead conversations in their school communities about bullying, how it is affecting their communities, and to develop solutions that they can implement collaboratively together. The link provides tools and resources that PTAs can use to plan their **Connect for Respect** events. www.pta.org/bullying.asp

Council on Exceptional Children- Policy on Safe and Positive School Climate
www.cec.sped.org/AM/Template.cfm?Section=Home&Template=/CM/ContentDisplay.cfm&ContentID=10036
Steps schools can take to stop bullying:
www.cec.sped.org/Content/NavigationMenu/NewsIssues/TeachingLearningCenter/ProfessionalPracticeTopicsInfo/BehaviorManagement/Bullying/Steps_Schools_Can_Take_to_Stop_Bullying.pdf

Cyber Smart Curriculum
CyberSmart! Cyberbullying Awareness Curriculum Grades K – 12. Lessons by grade level. Free to educators, the CyberSmart! Student Curriculum empowers students to use the Internet safely, responsibly, and effectively. http://cybersmartcurriculum.org

Eyes On Bullying Toolkit
The *Eyes on Bullying* Toolkit provides specific insights, strategies, activities, and resources to address bullying. It is designed especially for caregivers and parents of preschool and school-age children and youth to use in child care programs, afterschool and youth programs, and camps.   www.eyesonbullying.org

Maltreatment and the Developing Child: How Early Childhood Experience Shapes Child and Culture -Bruce D. Perry,M.D., Ph.D.
Dr. Perry is an internationally recognized authority on child trauma and the effects of child maltreatment. His work is instrumental in understanding the impact of traumatic experiences and neglect on the neurobiology of the developing brain. He presented the inaugural Margaret McCain lecture on September 23, 2004.
www.lfcc.on.ca/mccain/perry.pdf

Massachusetts Aggression Reduction Center
Massachusetts Aggression Reduction Center published and made available to Massachusetts schools a curriculum intended to increase cyber skills among high school students (the "MARC High School Cyberskills Curricullum"). This curriculum does not focus on basic technical knowledge (eg. how to send an email) but rather seeks to increase knowledge about facts that impact student commission of, and vulnerability to, cyberbullying. The curriculum offers 10 age-appropriate lesson plans for grades 9 and 10, and 5 lesson plans for grades 11 and 12. It uses writing prompts, case studies, and discussion to teach the content to students.
http://webhost.bridgew.edu/marc/Evaluation%20of%20the%20MARC%20High%20School%20Cyberskills%20Curr.pdf

Middle School Cyberbullying Prevention Curriculum
Middle School Cyberbullying Prevention Curriculum was created by Seattle Public Schools. Available for free download, complete with letters to parents, Teacher Manual, lessons, activities. www.seattleschools.org/area/prevention/cbms.html

National Association of Elementary School Principals
No Place for Bullying **–** Article in NAESP Professional Journal makes the case that principals must take the lead in creating an atmosphere where bullying prevention is a school and community goal. www.naesp.org/sites/default/files/S-O_p20.pdf

National School Safety Center
The National School Safety Center serves as an advocate for safe, secure and peaceful schools worldwide and as a catalyst for the prevention of school crime and violence. NSSC provides school communities and their school safety partners with quality information, resources, consultation, and training services. The National School Safety Center identifies and promotes strategies, promising practices and programs that support safe schools for all students as part of the total academic mission. www.schoolsafety.us/free-resources/bullying-in-schools-fact-sheet-series

National Suicide Prevention Lifeline 1-800-273-TALK (8255)
A free, 24-hour hotline available to anyone in suicidal crisis or emotional distress. Your call will be routed to the nearest crisis center to you. www.suicidepreventionlifeline.org

Netsmartz.org
Program of National Center of Missing and Exploited Children. This is a comprehensive website on internet safety and provides classroom lessons, webisodes, presentations, and activities for educators, parents, children and teens. Tip Sheets available for download include cyberbullying prevention and internet safety. www.netsmartz.org
Direct link to Tip Sheets: www.netsmartz.org/TipSheets Direct link to updated presentations available for download: www.netsmartz.org/Presentations?utm_source=netsmartz&utm_medium=email&utm_content=clickhere&utm_campaign=parentsppt

New Ways to Stop Bullying
American Psychological Association, Volume 33, No. 9 October 2002 *Monitor on Psychology;* Psychologists are driving efforts to get effective, research-based bullying-prevention and intervention programs into schools. BY NICOLE CRAWFORD www.apa.org/monitor/oct02/bullying.aspx

No Place For Hate Campaign – Anti-Defamation League
Download forms and Resource Guide for the No Place for Hate program. The guide includes a calendar of religious and cultural observances with definitions of those observances, hate crime information, ways to respond to hate incidents and hate crimes in schools, and tips for responding to hurtful language and situations.
www.adl.org/regional/houston/noplaceforhate/facts.html Lessons on cyberbullying for all grade levels can be downloaded at www.adl.org/education/curriculum_connections/cyberbullying.

Olweus Bullying Prevention Program
Dr. Dan Olweus, pioneer of research on bullying problems, offers free webinars and information about bullying, state laws, funding, conferences, and resources for administrators, teachers, and parents. Olweus is best known for the most researched and widely adopted bullying prevention program in the world, the *Olweus Bullying Prevention Program.*
www.olweus.org/public/index.page

On Guard Online.gov
FTC site with practical tips from the federal government and the technology industry to help you be on guard against Internet fraud, secure your computer, and protect your personal information. www.onguardonline.gov
Link to *Net Cetera: Chatting with Kids About Being Online*: www.onguardonline.gov/topics/net-cetera-introduction.aspx
and videos, including: *Stand Up to Cyberbullying*: www.onguardonline.gov/videos/net-cetera-stand-up-to-cyberbullying.aspx

PACER Center National Bullying Prevention Center
PACER Center National Center for Bullying Prevention. PACER's National Center for Bullying Prevention unites, engages, and educates communities nationwide to address bullying through creative, relevant, and interactive resources.
www.pacer.org/bullying includes:
Teens Against Bullying website: www.pacerteensagainstbullying.org
Kids Against Bullying website: www.pacerkidsagainstbullying.org
Own the Cause and Sign Petition: www.pacer.org/bullying/tak/ownthecause.asp
Order free Bullying Prevention Bookmarks: www.pacer.org/bullying/sap/bookmarks.asp

Preventing Classroom Bullying: What Teachers Can Do
A manual by Jim Wright www.jimwrightonline.com/pdfdocs/bully/bullyBooklet.pdf

 Preventing School Bullying: What is the School Psychologist's Role?
The National Association of School Psychologists has other resources about anti-bullying strategies and related issues/skills development www.nasponline.org/prepare/cpipresentations/bullying.ppt
www.nasponline.org/resources/listings.aspx#smy Supporting Sexual Minority Youth Resources.

Protecting Students from Harassment and Hate Crimes: A Guide for Schools
Provides guidance about protecting students from harassment and violence based on race, sex, and disability. This guide was published by the U. S. Department of Education Office of Civil Rights and the National Association of Attorneys General and is endorsed by the National School Boards Association. Topics addressed in this comprehensive, step-by-step manual include:
- Developing the District's Written Anti-Harassment Policy
- Identifying and Responding to Incidents of Harassment
- Formal Complaint / Grievance Procedures
- Creating a School Climate that Supports Racial, Cultural, and other Forms of Diversity
- Addressing Hate Crimes & Conflicts in School and the Community
www2.ed.gov/offices/OCR/archives/Harassment/index.html

StopBullying.gov
An official U.S. Government website managed by the Department of Health & Human Services in partnership with the Department of Education and Department of Justice. www.stopbullying.gov/index.html - User friendly site for educators, parents and children of all ages. Webinar/cartoons, videos/PSAs, and tips sheets
www.stopbullying.gov/community/tip_sheets/index.html
www.stopbullying.gov/community/tip_sheets/assessment_tools.pdf - This compendium provides researchers, prevention specialists, and health educators with tools to measure a range of bullying experiences: bully perpetration, bully targeting, bully-target experiences, and bystander experiences. Some researchers continue to examine the risk and protective factors associated with bullying experiences. Others are working to design, implement, and evaluate anti-bullying interventions aimed at reducing bully victimization and perpetration, as well as increasing prosocial bystander involvement in bullying situations.   Centers for Disease Control and Prevention, National Center for Injury, Prevention and Control, Division of Violence Prevention 2011

Stop Bullying-Speak Up
The Cartoon Network sponsors this site and is partnering with the Anti-Defamation League, Stop Bullying.Gov, and the Boys and Girls Clubs of America. Includes a printable tip sheet and videos. www.stopbullyingspeakup.com

STRYVE-Striving To Reduce Youth Violence Everywhere
STRYVE is a national initiative, led by the Centers for Disease Control and Prevention (CDC), which takes a public health approach to preventing youth violence before it starts. www.safeyouth.gov/Pages/Home.aspx

Students Against Violence Everywhere (SAVE)
Students Against Violence Everywhere is a student driven organization. Students learn about alternatives to violence and practice what they learn through school and community service projects. Includes activities about bullying, cyberbullying, crime prevention, conflict management skills and the virtues of good citizenship, civility, and nonviolence. www.nationalsave.org/index.php Download a cyberbullying lesson and brochure at www.nationalsave.org/main/bully.php.

TeachingTolerance.org
Teaching Tolerance is a project of the Southern Poverty Law Center. This is an anti-bias education website with free resources and activities, including Mix It Up Day. Teaching Tolerance has available a free 40 minute documentary film , *Bullied,* including viewer's guide and activities for staff development, endorsed by the NEA that chronicles one student's ordeal at the hands of anti-gay bullies and offers an inspiring message of hope to those fighting harassment today. www.tolerance.org/bullied

Texas Prevention Resource Guide: Drug and Violence Education (DAVE)
Infuses research-based prevention education into the core and supplemental curricula to provide students with consistent, firm, no-drug-use, no-violence messages in all areas of their education. Lessons for grades K-12 in all subject areas. http://dave.esc4.net

US Department of Justice Guide for Police Concerning Bullying in Schools
www.cops.usdoj.gov/files/ric/publications/e07063414-guide.pdf

Web-Wise Kids
Download Internet Safety Activity Guides for grades K-3 and 4-6.
www.webwisekids.org/classroom_resources/teacher_resources

Welcoming Schools Resources
Welcoming Schools Resources, created by the Human Rights Campaign Foundation, is a resource for educators, administrators, and parents who want to help schools embrace family diversity, avoid gender stereotyping, and end name-calling and bullying. The website has resources to help bolster family engagement, school climate/anti-bullying initiatives, professional development, and classroom activities. Welcoming Schools is one of the few resources available for elementary schools that provides a LGBT inclusive, anti-bias approach to creating safe and supportive learning environments. www.welcomingschools.org